



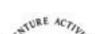
For a fun, out of office team building day with plenty of new, innovative and exciting ideas to get the most out of your work force, we deliver a variety of activities. Our range of land and water based activities will engage and test participants, requiring them to draw upon their o resources and those of others to overcome obstacles and challenges. In the process, team working skills will need to be employed and leadership tested but always in a fun and lighthearted way.

Activity	What to expect	Numbers
Tribal Survival	Challenge your team to learn the basic skills of survival whilst working together to overcome the challenges they face. Improvised navigation, fire making, shelter building and more.	5 – 40
Who Dares Wins	Stretch your comfort zone on a series of challenges designed to bring out the inner leader, confidence, resilience, trust and team work. Push yourselves that little bit further.	5 – 36
Borrowers Challenge	Combining a range of water sports with raft building. A high-action, multi-part activity where the team must work together, harnessing skills in order to complete the challenge.	12 - 80
The Crystal Factor	A series of team challenges to test logic, skills, problem solving and team work. Complete each challenge to win the crystals. The team with the most crystals at the end of the Crystal Factor wins.	30 - 60

Activity	What to expect	Numbers
Catapult Build	Build a life size catapult and take on other teams in a distance and accuracy competition. Team up and design, plan and allocate job roles for building the ultimate catapult.	8 – 20
Raft Build	The opportunity to work as a team to design and construct an improvised raft from poles, barrels and rope that will carry your team across the lake.	8 – 60
High Ropes Challenge	Build deep trust; develop individual confidences and bond a team to support each other to overcome intense challenges. A series of high ropes activities at up to 12 metres off the ground	6 – 48
Water Sports Fun Day	A high-jinx half day of fun on the water trying out sailing, paddleboarding, kayaking, canoeing and more. Ideal for the larger group who want to break loose and get wet.	100 – 200

"The day turned out to be a huge success! It was a good chance to network with other members of the department whilst having fun in a different setting with everyone out of their comfort zones. Every member of the team embraced the activity and gave it their all, win or lose. I would definitely recommend this for anyone who needs to bring a team together and form stronger bonds.

St James Place.









Find a group of people who challenge and inspire you,

spend a lot of time with them,

Amy Poehler

and it will change your life

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