

**Adult Courses 2017...** Check out the great range of activities we have for 2017. From Pay and Play to full-on qualifications, there is something for everyone. Make sure you use our new online booking to secure you place, as these are popular and places go fast.



Date	Activity	Cost	Time	Activity/Requirements	Age
<b>RYA Adult Sailing Courses...</b>					
April 22-23, 29-30 May 6-7 June 3-4 July 1-2, 15-16 Aug 5-6, 19-20 Sept 30-1 Oct 2-3	Sailing Level 1 – Start Sailing	£160.00	10:00- 16:30	Get started in sailing by learning the basic skills; you will learn how to rig the boat and the beginnings of sailing around a triangle course and can lead to sailing Level 1 award.	16+
June 24-25 July 29-30 Sept 16-17	Sailing Level 2 – Better Sailing	£160.00	10:00- 16:30	After completing your Level 1 course. Improve your sailing techniques to sail confidently around the lake and some manoeuvres the course can lead to Level 2 award.	16+

<b>RYA Adult Windsurf Courses...</b>					
May 27-28 June 24-25 July 29-30	Start Windsurfing	£160.00	10:00- 16:30	Start Windsurfing you will learn how to rig the board and beginnings of going around a triangle course.	16+

<b>BC Adult Paddling Courses...</b>					
May 3, 10, 17, 24, 31 June 7	1* Paddling 6 week Course	£149.00	18.00- 20.00	You will be taught the basic skills how to canoe and kayak using a variety of boats available at the centre. Please note this is a 6 week course and you will need to attend all sessions	15+
July 12, 19, 26, August 2, 9, 16	1* Paddling 6 week Course	£149.00	18.00- 20.00	You will be taught the basic skills how to canoe and kayak using a variety of boats available at the centre. Please note this is a 6 week course and you will need to attend all sessions	15+
May 7, 14, 21, 28 June 4, 11	1* Paddling 6 week Course	£149.00	10.00- 12.00	You will be taught the basic skills how to canoe and kayak using a variety of boats available at the centre. Please note this is a 6 week course and you will need to attend all sessions	15+
July 22-23 Sept 9-10	2 * Paddling Training	£130.00	10:00- 16:30	You will be taught new skills in both solo canoeing and kayak you will be confident to paddle around the lake or on a river.	15+
On enquiry	2* Paddling Assessment	£60.00	10:00- 16:30	Qualification assessment for the two star paddling qualification.	15+

Book online at [www.southcerneyoutdoor.co.uk](http://www.southcerneyoutdoor.co.uk)

**South Cerney Outdoor**

Lake 12, Spine Road, South Cerney, Gloucestershire, GL7 5TL  
Email: southcerneyoutdoor@prospects.co.uk



<b>RYA Advance Courses...</b>				
<ul style="list-style-type: none"> <li>o RYA Level 3</li> <li>o RYA Start Racing</li> <li>o RYA Seamanship Skills</li> <li>o Performance Sailing</li> <li>o Sailing with Spinnakers</li> <li>o Windsurf Intermediate</li> <li>o Windsurf Start Racing</li> </ul>	<p>£130.00 YP</p> <p>£160.00 Adult</p>	<p>1000-1630</p> <p>2 day course</p>	<p>Courses are available on request and would require a min. of 4 people to run the course.</p> <p>Please contact us for details and availability.</p>	<p>15+</p>

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